

# Sophie

by **Valori Wells**  
DESIGNS

for *Free Spirit*

Westminster Fibers  
3430 Toringdon Way, Suite 301  
Charlotte, NC 28277

*Finished quilt size 40" x 50"*



## *Sophie – Sole’ Flannel – Materials Needed and Cutting Instructions*

*(all measurements based on accurate cutting, 1/4" seam allowance, and 42" wide strips)*

1/2 yard FVW02 - yellow paisley	Cut 1 - 16 1/2" x 42" strip. From this cut a 16 1/2" x 26 1/2" strip for the center rectangle.
1/8 yard each of seven different fabrics and 1/4 yard of another fabric for the bricks  FVW06 - orange agapantha FVW06 - yellow agapantha FVW04 - orange sunflower FVW05 - green flower vine FVW05 - blue flower vine FVW05 - purple flower vine FVW01 - yellow sunflower  FVW06 - green agapantha (1/4 yard of this one)	Cut 1 - 2 1/2" x 42" strip from each of the seven fabrics. Cut 2 - 2 1/2" x 42" strips from the eighth fabric. Cut each strip into 2 1/2" x 6 1/2" rectangles.
7/8 yard FVW01 pink sunflower	Cut 2 - 6 1/2" x 38 1/2" strips for the side borders. Cut 2 - 6 1/2" x 50 1/2" strips for the top and bottom borders.
1/2 yard for binding	1 1/2 yards for backing      46" x 56" quilt batting

## Sophie Quilt Sewing Instructions

BEFORE CUTTING AND SEWING, PLEASE READ ALL INSTRUCTIONS TO FAMILIARIZE YOURSELF WITH THEM.

A 1/4" seam allowance is used throughout.

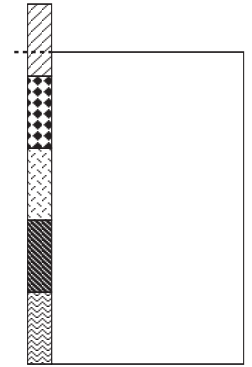
1. Sew the 2 1/2" x 6 1/2" bricks into one long strip, right sides together and sewing the 2 1/2" edges together.

**Figure 1.** Press.



*Figure 1*

2. Starting at the bottom left-hand corner of the center rectangle and right sides together, sew the brick strip to the center. **Figure 2.** Cut off the brick strip even with the top edge. Press toward the center rectangle.



*Figure 2*

Starting with the cut edge, sew the brick strip to the top of the center rectangle. Cut off the brick strip even with the side edge. **Figure 3.** Press toward the strip.

Continue this step, sewing the brick strip to the right-hand side of the center rectangle. Cut off, press, and sew the brick strip to the bottom edge of the center rectangle.

**Figure 4.**

Press.

3. Start in the bottom left-hand corner and sew on the brick strip, sewing it right sides together to the first brick strip sewn onto the center square.

**Figure 5.**

Continue adding brick strips clockwise to the center of the quilt. Sew on strips until there are three sets of brick strips on each side. Press. **Figure 6.**

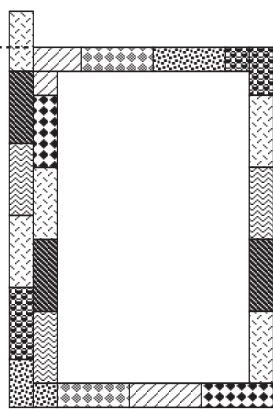
4. Referring to the quilt diagram, sew a 6 1/2" x 38 1/2" border strip to both sides of the quilt. Press.

5. Sew a 6 1/2" x 50 1/2" border strip to the top and the bottom of the quilt. Press.

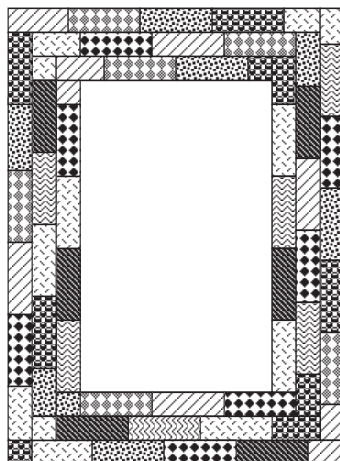
6. Layer, quilt, and finish.

Val quilted an overall floral design on this quilt.

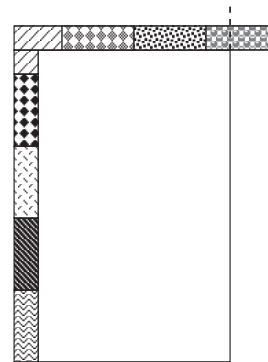
© Valori Wells Designs, 2007



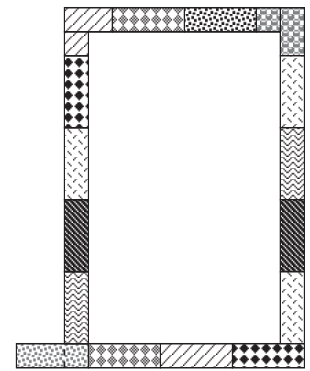
*Figure 5*



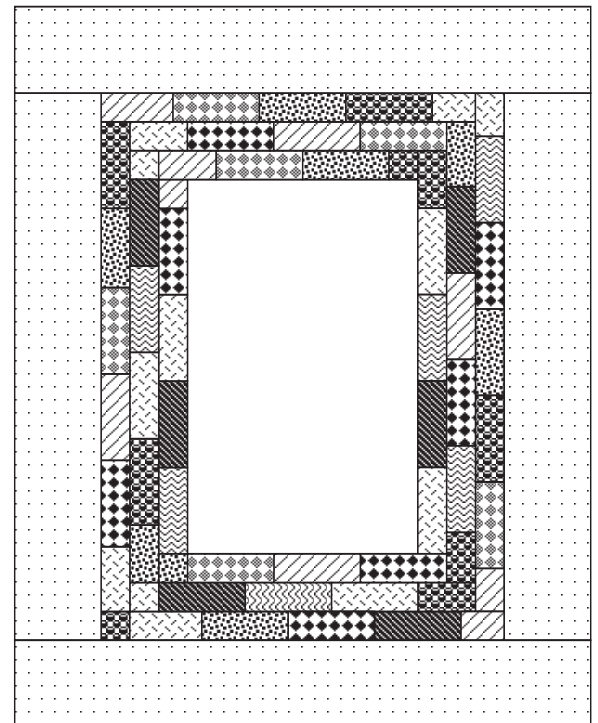
*Figure 6*



*Figure 3*



*Figure 4*



*Quilt Diagram*